



Choices
Dewisiadau



Education
Addysg



Free Time
Amser Rhydd



Health
Iechyd



Housing
Tai



**Law, Your Rights and
Citizenship**
Y Gyfraith, Eich Hawliau a
Dinasyddiaeth



Money
Arian



Relationships
Perthnasau



Travel and Transport
Teithio a Thrafnidiaeth



Work and Training
Gwaith a Hyfforddiant



**Administration, Business
and Office Work**
Gweinyddiaeth, Busnes a
Gwaith Swyddfa



Building and Construction
Adeiladu



Catering and Hospitality

Arlwyo a Lletygarwch



Computers and IT

Cyfrifiaduron a Thechnoleg
Gwybodaeth



Design, Arts and Crafts

Dylunio, Celfyddydau a Chreffttau



Education and Training

Addysg a Hyfforddiant



Engineering

Peirianeg



Environment, Animals and Plants

Yr Amgylchedd, Anifeiliaid
a Phlanhigion



Financial Services

Gwasanaethau Ariannol



Healthcare

Gofal Iechyd



Languages, Information and Culture

Ieithoedd, Gwybodaeth a Diwylliant



Legal and Political Services

Gwasanaethau Cyfreithiol
a Gwleidyddol



Leisure, Sport and Tourism

Hamdden, Chwaraeon a Thwristiaeth



Manufacturing and Production

Gweithgynhyrchu a
Chynhyrchu



Marketing and Advertising
Marchnata a Hysbysebu



Media, Print and Publishing
Y Cyfryngau, Argraffu a Chyhoeddi



Performing Arts
Celfyddydau Perfformio



Personal and Other Services
Gwasanaethau Personol a
Gwasanaethau Eraill



**Retail Sales and
Customer Services**
Manwerthu a Gwasanaethau
Cwsmeriaid



**Science, Mathematics
and Statistics**
Gwyddoniaeth, Mathemateg
ac Ystadegau



Security and Armed Forces
Diogelwch a'r Lluoedd Arfog



**Social Work and
Counselling Services**
Gwaith Cymdeithasol a
Gwasanaethau Cynghori



Transport and Logistics
Trafnidiaeth a Logisteg



Where to Get Help
Ble i Gael Help